



# Nutrition Wordsearch

S	U	N	S	H	I	N	E	R	N	U	T	S	I
N	H	H	B	A	P	R	O	T	E	I	N	S	I
S	M	H	F	T	E	P	D	A	I	R	Y	U	N
V	I	T	A	M	I	N	S	G	R	O	W	T	H
Y	N	A	S	R	E	E	W	I	F	Y	I	T	R
T	E	N	B	H	F	E	A	A	H	I	A	E	I
S	R	S	A	N	A	N	A	B	T	T	B	S	A
U	A	R	E	R	R	A	A	O	F	E	I	R	P
R	L	M	A	I	I	O	R	F	M	N	R	I	E
P	S	N	I	P	F	I	G	A	W	R	B	G	R
M	A	R	W	E	I	N	T	T	A	T	U	A	R
I	C	A	R	B	O	H	Y	D	R	A	T	E	S
E	R	V	I	C	E	N	E	R	G	Y	L	E	E
P	P	T	M	S	Y	M	H	P	V	E	D	D	G

Protein  
Fat  
Carbohydrate  
Vitamins  
Minerals  
Energy

Water  
Fibre  
Sunshine  
Growth  
Repair  
Dairy

Fig  
Bananas  
Fig

